Store your winter clothes in your closets and take out your shorts. It’s time for summer, sun and fun. The trees are blooming and the BBQ season is just around the corner.

Either by taking a walk around the pond or participating in many activities offered by Wilson Health Care Center, enjoy every second of these upcoming summer months.

“Like Ice in the sunshine,
like Ice in the sunshine,
I’m melting away,
on this sunny day!”

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TAKE OUR DAUGHTERS AND SONS TO WORK DAY

Have you ever had the chance to visit your mom’s or dad’s workplace? If so, you will understand why more than 50 young “Daughters and Sons” were curious to see what it’s like to work at Asbury Methodist Village.

With the assistance of our volunteer department, Sharon Bennett, Volunteer Coordinator, and Rob McMonagle, Director of Human Resources, offered a full day of fun activities for kids and associates.

continued on page 6
National Nursing Home Week 2012 at WHCC was celebrated in grand style! This year’s theme is titled “Celebrate the Journey.” Originally established by the American Health Care Association (AHCA) in 1967, this year’s message states what we already know: every life should be honored, every life’s story needs to be told and every day we have the chance to begin writing a new chapter.

The exciting week-long celebration, which ran from May 13-19, began with a Strawberry Social on Mothers’ Day, a Beatrix Potter play performed by a local children’s acting ensemble, a cloggers’ dance troupe, A Guys & Ties men’s’ group lecture about trains, the movie night premier of “The War Horse”, a North vs. South bowling tournament and an evening bus outing to the Asbury Spirits Softball game. There was so much going on one had to wear your running shoes just to keep up. You can tell by the pictures that Asbury residents had a great time! Hats off to the activity department for a great week of fun!

- Murv Delpino

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**KRISTIN RAMSAY - A SHORT BIO**

Please welcome the newest member of the Wilson Health Care Center team, Kristin Ramsay, TCU Care Manager!

Kristin studied at the University of Maryland Baltimore County, where she received a Bachelors degree in Social Work as well as her Masters degree from their School of Social work. Her college career also included playing Division 1 field hockey.

Her professional experience consists of handling adoptions, foster care and hospital social work. As soon as Kristin gets home, she loves to play with her 85lb. dog Carl and bake cookies. We wish her all the best here at the Wilson Health Care Center.

- Nico Schneickert
**ASBURY GUILD GIFT SHOP WILSON HEALTH CARE CENTER**

Asbury Guild Gift Shop, located in the inner lobby of Wilson Health Care Center, is a jewel that we should take advantage of. This is part of the fund raising efforts of the Asbury Guild. The Gift Shop is completely run by volunteers. Peggy Marsh, volunteer buyer, is proud of this fact. Peggy has been involved with the Gift Shop since 1984. Merchandise includes gifts, candy and snacks, clothing (popcorn shirts, scarves, and socks), jewelry, cards, watches, stuffed animals, playing cards, puzzle books and wonderful seasonal items.

So remember that whenever you need a gift, you can save some gas and shop at the Asbury Guild Gift Shop. All proceeds go to the Benevolent Care Fund and to Kindley and Wilson life enrichment opportunities.

*The Asbury Guild Gift Shop always needs help. If you are interested in volunteering please call #4366*

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**KISS THEM GOODBYE**

**Farewell to our German Volunteers**

Please join us to celebrate with our German volunteers

*Felix, Nina and Nico*

After a great year, they will be returning home soon.

June 22 at 2 P.M.
Rosborough Community Room
RSVP with Sharon Bennett, #4223

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**Root Beer Floats**

Please join us on

July 18th
at
2:30 P.M.

Guild Appreciation Social
Wilson Recreation Center
Banana Fritter Recipe

- All Purpose flour
  1 Cup + 1/2 cup for dredging
- Eggs, 2 large
- Salt, 1/2 tsp
- Sugar, 1/2 cup
  (Up to 1 cup for a sweeter batter)
- Baking Powder, 1 TBS
- Whole Milk , 1 1/2 cups
  (1 cup reserve if needed)
- Bananas, Peeled , 4 yellow
  with minimal brown spots
- Light brown sugar, 1 cup
- Cinnamon, 1 TBS

1. Heat deep fryer to 350F
2. Combine brown sugar and cinnamon. Set aside.
3. Combine all other ingredients except for banana. Batter should resemble pancake batter. Add extra milk if needed.
4. Dredge each peeled banana in flower and shake off excess.
5. Dip banana in batter and deep fry until golden brown, about 8 minutes.
6. Remove from oil and immediately roll fried banana in brown sugar and cinnamon mixture.
7. Allow to cool 10 minutes prior to serving.
8. Serve with vanilla ice cream or whipped cream.

CHEF OLYMPICS

The ten chefs of the Wilson Health Care Center were divided into teams of two and assigned a presentation day. The chefs were tasked with preparing a three-course meal for three non-culinary judges as well as an additional plate for our culinary team. Ten chefs, five teams, five days of competition. One of the top recipes was the banana fritter.

We’ve included quick and simple directions so you can recreate this delectable dessert at home.

- Austin Bowen, Food Service Manager

How fun! I loved the opportunity to taste creations made by the team right here on campus! The quality of the food was truly first class. The dishes were colorful, delicious and left me wanting more! My favorite entry was the Banana Fritter.

- Cindy Perez, Admissions Manager

BBQ LUNCH

It’s BBQ season!

Summer is barbeque season here at the Wilson Health Care Center. A delightful menu prepared by Chef Amery will include fresh fruits, summer salads and grilled foods.

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<tr>
<td>July 20th</td>
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<td>July 27th</td>
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<td>2 South</td>
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This social meal is available to families who will dine with residents and those associates who work on the floor. Please call and make reservations with Chef Amery # 4707
During the month of May, The Wilson Health Care Center supported the campus-wide WOW! Initiative by developing a walking program called “WOW², Walking on Wednesdays. Over 70 associates and residents participated in several 1.25 mile walks around the beautifully landscaped Asbury campus during the month. The event included marathon-style numbers pinned onto each participant’s shirt to showcase the special walk for spectators.

With the collaborative effort of key Quality Service Board members, this Wellness event was a big success!

- Nico Schneickert and Nina Rotert, German Volunteers

Hello Friends,

Many of you have already attended the Planetree retreats. For those of you who haven’t, we look forward to you joining the Planetree/Asbury family. One of the opportunities we face each day is the “First Impression.” We need to be mindful that often “first impressions are lasting impressions.” It is very important to make a positive lasting impression with residents, families and each other. We are giving and receiving first impressions each day. Let’s work hard to make them good ones.

I've heard it said “the eyes are the windows to our souls”. It’s so important to make good eye contact and let the person know they have our attention. Smile. Not only does it make someone wonder what you are up to, it lets them know you care. Try listening to residents, family or each other with a new focus; don’t be distracted, really listen to what is being said. Many times people just want to be heard. We don’t need to go into “fix-it mode”. Just relax, listen, then take a moment to think about your response. Try not to be reactive and don’t take what is said personally.

If you learn to handle challenges well, you may get a good reputation and people will know that you can be trusted when they have a challenge. How one responds to a challenge creates a lasting impression. Remember to make the ordinary extraordinary.

—Barbara Morrison
Early in the morning on April 26th, many children entered the hallways of Asbury to start with a wake-up stretch and sing along under the motivation of Cheryl Patterson and Murv Delpino. Fully refreshed, the kids began to spread out in groups all over campus. Either on a bus tour around the Asbury grounds, in the Kitchen with Chef Brian or working in AVTV, every kid got a peek behind the scenes and might have randomly seen their parents on the way to work.

The smell of food lured every hungry participant towards the Rosborough Community Rooms where a delicious buffet waited to be conquered. After burning all those calories in a little dance, everybody went on to continue the tour. With certificates, goody bags and big smiles on their faces they went home to tell their parents all the hard work they did.

- Nico Schneickert and Nina Rotert, German Volunteers

On May 2nd, Sharon Bennett organized another Alzheimer’s Fundraising Fashion Show. With the help of our staff and volunteers, the event raised $300 towards this cause.

The next Fashion Show will be held on

October 17th
2 P.M. - 4 P.M
Rosborough Community Room

If you would like to model for the Fashion Show in October, please contact Sharon Bennett. SBennett@Asbury.org or #4200
Are you or your family member interested in learning more about Long Term Care and Medicaid? Deborah Carter with the Montgomery County Department of Social Services will present a seminar on Wednesday, June 13th from 6:00 pm - 7:30 pm. Light refreshments will be served.
**Important Contacts and Numbers**

**Phone Exchanges:**
216 - Extensions 5&below
987 - Extensions 6&above

**E-mail Address:**
AMVWHCCFamily@Asbury.org

**WHCC Reception:**
301-216-4004

**Administrator:**
Christy Kramer, #4224

**Assistant Administrator:**
Debbie Hedges, #6227

**Senior Administrative Assistant:**
Alicia Bowen, #4227

**Director of Nursing:**
Janet Dykstra, #4135

**Assistant Director of Nursing:**
Diane Edwards, #4137

**Nursing Office Manager:**
Denise Hall, #4139

**Nutrition Manager, 2nd/3rd Floor:**
Flora Kessler, #4720

**Director of Social Services, 4th Floor:**
Erika Baylor, #4089

**Assistant Director of Social Services, 3 South:**
Karen Novello, 301-987-6228

**Care Manager:**
Marcia Heap (TCU), 301-987-6089

**Social Worker:**
Sharon Peska, 2nd Floor, 301-216-4216

**TCU Care Manager:**
Kristin Ramsay, #4192

**Admissions Manager:**
Cindy Perez, #4136

**Senior Admissions Coordinator:**
Barbara Rowe, #4098

**Director of Activities/Volunteers:**
Elaine Kielman, #4225

**Volunteer Coordinator:**
Sharon Bennett, #4223

**Chaplain:**
Charles (Chuck) Leger, #4095

**Physical Therapy Office Coordinator:**
Carletta Cherry, #4247
ccherry@flagshiprehab.com

**Housekeeping/Laundry Manager:**
Earl Shaw, #4145

**Dining Services Manager**
Austin Bowen, #987-6229

If you wish to unsubscribe from this communication, please contact Alicia Bowen: abowen@asbury.org or #4227